

Supervision in Homeopathic Practice:

Investigation of the current state of supervision in homeopathic practice in Germany and development of a supervision model for homeopathic practitioners (Heilpraktiker-Homoeopaths) in Germany

Supervision in der homöopathischen Praxis:

Erforschung des aktuellen Status von Supervision in der homöopathischen Praxis in Deutschland und Entwicklung eines Supervisionsmodells für homöopathische Therapeuten (Heilpraktiker-Homöopathen) in Deutschland.

Abstract

Problem: In the last decade the homeopathic community recognised efforts to weaken homeopathy, as in 2014 in Belgium. It faces the challenge of improving the level of quality in homeopathy, so that patients' demand for homeopathic treatment will further increase, finally influencing political awareness and decisions. Research for effective tools to improve the quality level is needed. There is no evidence of the relevance of supervision in homeopathy and no evaluations of the status quo of supervision in homeopathy in Germany exist. No investigations about models used in supervision have been made. Supervision-models are not used in German homeopathic supervisory work. No research into the development of an adequate model has been conducted.

Investigation: These facts led to the issues of investigation:

- The current state of supervision in homeopathy, in particular in Germany
- Contribution of supervision to the improvement of quality in homeopathic practice
- Models used in homeopathic supervision
- A model for homeopathic supervision in Germany

Method: Quantitative research regarding supervision in homeopathy did not exist. A systematic literature-review, according to the appropriate methodology, has been conducted in order to compile an analysis of the relevant literature. Relevant databases were systematically searched for studies and literature, meeting the inclusion criteria. International and German publications were reviewed by the researcher. By a literature-based study, the status quo of supervision in homeopathy for Heilpraktiker-Homeopaths in Germany has been explored. Supervision models in homeopathy, were described, compared and evaluated.

Results: The results showed that supervision can make a significant contribution to the personal and professional growth of supervisees and to the improvement of quality in classical homeopathic practice. The research results indicated that judging by the current offerings, homeopathic supervision in Germany is not adequately structured, organised and regulated. The researcher developed a model for homeopathic supervision.

Conclusion: The homeopathic community in Germany needs to improve supervision in homeopathic practice, including advanced education, regulations, standards, methods and models of supervision. This research offers recommendations for improvement and a model for homeopathic supervision. The researcher recommends more research into the theme.

Keywords: Supervision in helping professions, supervision in homeopathic practice, personal and professional growth, improvement of quality, supervision models.